

**East CC League
Beveridge Park
Kirkcaldy
Saturday 14th October, 2023**

Officials

Referee:	Ron Morrison
Assistant Referee:	Dave Cairns
Clerk of Course:	Gary Barker
Chief Marshal:	Frank McLaren
Timekeepers:	Alan Carruthers (Chief), Ian Docherty
Time Recorders:	Douglas Carruthers, Ian Mann
Judges/Funnel Control:	Andy Law (Chief), Carol Rose
Place Recorders:	Allan Smith (Chief), Linden Nicholson, Elspeth Burton
Starter:	Kevin Rose
Starters Assistants:	Sandra Hardacre
Officials Report:	Alex Jackson
Announcer:	Andy Ronald, Alex Jackson
Results:	Alex Jackson, Ron Morrison
Host Club:	Fife AC

East District Cross Country League

Kirkcaldy, Beveridge Park, KY2 5NE

Saturday 14th October 2023

(1) Venue

Take the turning of the A92 to Kirkcaldy West, then on to the A910 (West Bogie Road) for 4 miles then right at the Roundabout and follows signs to Beveridge Park.

The park is 10 minutes' walk from Kirkcaldy Railway Station

(2) Parking

There is a Car Park on the east side of the park (see course map) also parking at Balwaerie High School (see course map) No Parking on Balwaerie Road (see course map)

(3) Toilets

There will be Mobile Toilets close to the course

(4) Recording Slips

Slips will not be given out on the day. See front page of East League website on how to forward finishing order of athletes in a club for a race.

(5) Scoring

Under 11, Under 13, Under 15 Boys and Under 15 Girls/ Under 17 Women races are all 3 to score

Senior/Junior/Master's Women are 4 to score

Senior/Junior/Master's Men are 6 to score

Master's Men and Master's Women are 3 to score.

Master's athletes (Over 40) should have a large "V" next to their club number

(6) Results

Results will be posted on the East League on the day after the event.

Thanks to Fife AC for hosting to-days meeting.

The league is always looking for possible new cross country venues.

Contact Alex Jackson on alex@runningresults.co.uk if you have a possible venue or need more information.

**EAST DISTRICT LEAGUE XC
BEVERIDGE PARK, KIRKCALDY
KY2 5NE**

Saturday 14th October 2023

SHORT LAP START- A-B-C-D-G-H-FINISH

LONG LAP START- A-B-C-D-E-F-G-H-FINISH

TIME	RACE	COURSE	Mètres
12.00	Under 11 Girls	1 Short Lap	1700
12.15	Under 11 Boys	1 Short Lap	1700
12.30	Under 13 Girls	1 Long Lap	2600
12.50	Under 13 Boys	1 Long Lap	2600
13.05	Under 17 Men	2 Long Laps	5200
13.10	Senior/Junior Women	2 Long Laps	5200
13.45	Under 15 Boys	1 Short + 1 Long lap	4300
14.00	U15 Girls /U17 Women	1 Short + 1 Long lap	4300
14.20	Senior/Junior Men	3 Long laps	7800

